

## McGraw High School 6-12 Physical Education

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Welcome to Physical Education! We are very excited to have you in our classes. We look forward to helping you become more physically active and aware of your body and your surroundings. We will be offering various class units throughout the school year and hope you will be ready to learn, have fun and be active. It is our goal throughout the school year to provide you with every opportunity to experience movement in many different ways that will result in a growing number of successes throughout the school year. Below you will find a breakdown of our grading policy, important information and units of instruction. If you have any questions please contact one of us at any time.

### Grading Policy

- Every student will be graded everyday:
  - 4 Criteria:
    - Attendance
    - Participation
    - Skill
    - Relations
- A student's final grade is determined by averaging the 4 criteria and test grades (each grade equals 20% of final grade).

### Attendance Policy

- Students are expected to be present for all classes.
- At end of marking period, the total number of missed classes equals the final attendance grade.
  - 0 missed classes = 100%, 1 missed = 93%, etc.
- It is a student's own responsibility to make up missed classes.
- If you know you are going to be absent please schedule a time to make up class.

### Class Make-ups for Physical Education

- \*\*Students may make up a missed P.E. class during the last week of the given marking period from approximately 2:50pm until 3:30pm.
- A student who missed class because they skipped may NOT make up that class and will keep their grade of zero for that day.
- Students may NOT make up a P.E. class due to lack of participation or being unprepared during their regularly scheduled P.E. class.

**Medical Excuses**

- A signed note by a doctor must be given to the school nurse prior to class for it to be a legal excuse not to participate.
- Students who are on medical do not need to make up classes, other arrangements may be made.

**Tests, Quizzes and Homework**

- At the end of units there will be tests given on that particular activity.
- There may be an occasional homework assignment.

**Being Prepared for Class**

- Students should be dressed and ready to participate in class.
- Shorts, t-shirt and sneakers are considered appropriate.
  - Appropriate footwear does not include sandals, flip flops, boots or slip-on shoes.
- This policy will be enforced.

**Units of Instruction**

Adventure Activities, Archery, Badminton, Basketball, Cross-Country Skiing, Dance, Dodge-ball, Fitness Testing, Fitness Training, Flag Football, Floor Hockey, Four Base, Futsal, Golf, Lacrosse, Orienteering, Outdoor Education, Outdoor Yard Games, Pickleball, Project Adventure, Snow-Shoeing, Soccer, Softball, Table Tennis, Ultimate Frisbee, Volleyball