

journey to the jungle



An instructor will take you through this wonderful adventure! Your journey starts in the gym! Games and songs will center around the jungle and the animals who live there. The journey will end in the pool. All games and songs will center around the jungle.

WHEN:

Saturday, October 28

TIME:

Gym-9:00-10:00 am.

Pool-10:00-11:00 am

***COST:**

Members-\$10

Non-Members-\$14

**Cost is for two adults and 1 child. Additional children \$1 each.*

**For more information, call YWCA Cortland,
753-9651 or e-mail meryl@cortlandywca.org**

YWCA of Cortland
14 Clayton Avenue
Cortland, NY 13045
607-753-9651
www.cortlandywca.org

**YWCA IS ON
A MISSION**

so much to do at the ywca cortland

Piano and Guitar Lessons-Classes are for children ages 5 & up. Piano lessons are 4:30-5:00 pm. Guitar lessons are 5:00-5:30 pm. Registration begins October 7-October 23. The session runs October 27-November 17. All music classes meet on Fridays.

Dance Classes- On Monday evenings the YWCA offers Preschool Ballet & Tap for ages 4-6, Boys Hip Hop for ages 6-12 and Jazz/Hip Hop for ages 5-7. On Wednesday we have Girls Hip Hop for ages 8-12 and a *new* dance class, Cardio Jazz/Hip Hop for teens and adults. We will begin a six week session on October 23-December 6. Sign-up today.

Swim Lessons- The YWCA offers Waterbabies for parents and babies ages 6 months to 2 years, Awesome Tadpoles (a stepping stone to Preschool Swim), Preschool Swim for children ages 3-5. We also offer Red Cross Swim Lessons for ages 5-12. Registration begins October 14-November 1. The session runs November 1-December 16.

Gymnastics-The YWCA offers parent and tot gym (Pixie Gym) classes, for one to two year olds, Pre-school Gymnastics I, a class for parents and their 2-4 year olds, and Pre-school Gymnastics II for 3-5 year olds. Our beginner Gymnastic classes are for children ages 5-12 years. Registration begins October 14-November 2 The session runs November 2 -December 14.

Basketball-The YWCA offers Saturday basketball classes for children ages 4-12. Smaller basketballs and lower baskets will be used for the younger age groups. Registration begins October 14-November 4. The session runs November 4-December 16.

Shido-kan Karate-For ages 8-12 and 13 & up. Classes meet on Tuesday and Thursday evenings. Registration begins October 21-November 7. The session runs November 7-December 14.

Creative Spoon-The YWCA is a host site for Creative Spoon cooking classes. Classes are for children ages 3-6 and 7 & up. Creative Spoon meets on Saturdays. Classes start at 10:00 am.

For More information Call 753-9651!

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