



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# STEM Saturday

At the Cortland County Family YMCA

**April's Project: Plant a Flower; Change the World!**

## How Important are Trees?

This Earth-Day-Inspired event encourages youth to learn and explore, and get their hands dirty, as we discover the importance of trees, photosynthesis, and protecting our planet.

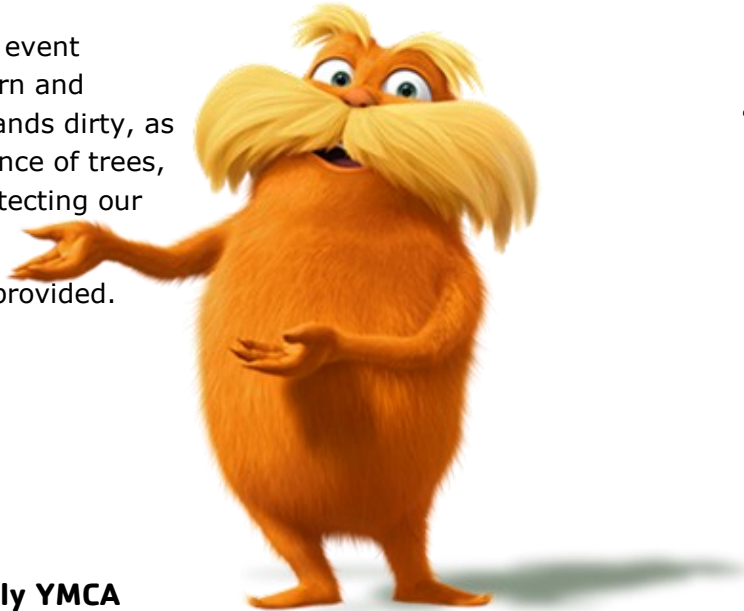
A healthy snack will be provided.

**April 7th, 2018**

**10:00 to 11:30 AM**

**\$5 per child**

**Cortland County Family YMCA  
22 Tompkins St.  
Cortland, NY 13045  
(607) 756-2893**



# HKD 2018

## AWAKEN SUMMER IMAGINATION

**FREE EVENT!**  
**Open to all!**

**Healthy Kids Day  
4/21/2018**

**Come out and enjoy a FREE day at the Y!  
11 AM to 3 PM  
22 Tompkins Street, Cortland**

### An action packed event featuring:

SUNY Cortland Ultimate Frisbee  
YMCA Koei-Kan Karate Do  
YMCA Gymnastics  
Cosmic Climbing on our rock wall  
DJ GinoB slinging the tunes  
Open Swim and Gym  
Displays from Y Partners!

**Register online or in person!  
[www.cortlandymca.org](http://www.cortlandymca.org)**