

Dance Sampler



The YWCA Cortland will be starting a new session of dance classes. Come see what they are all about with our FREE Sampler on Monday, October 22!

Dance Classes:

Creative Dance (Ages 3-5) 4:30-4:50 pm.

Jazz (Ages 4-7) 4:50-5:10

Jazz/Tap (Ages 5-8)

Boys' Hip Hop (Ages 6-12) 5:30-5:50 pm.

*Kickline/Jazz (Ages 7-12) 5:30-6:10 pm.

***Learn what Kickline is all about. Members of the Cortland State Kickline Team will give a demonstration and teach a short Kickline routine.**

The session runs October 29-December 4.

The classes meet on Mondays and Tuesdays.

Monday's Classes:

Tap & Jazz (Ages 5-7)
5:00-6:00 pm.

Boys' Hip Hop
6:00-7:00 pm.

Jazz/Kickline
7:00-8:00 pm.

Tuesday's Classes:

Creative Dance
4:30-5:15 pm

Jazz
5:15-6:15 pm

Sign up for class the day of the Dance Sampler and receive a \$10 discount!

For more information, call 753-9651!

upcoming events

Saturday & Sunday Combo Gym & Swim

Mark your calendar! The YWCA will be hosting combination gym and pool times throughout the fall! Start off in the gym with an hour of play. An instructor will provide games for you and your children. Then head down to the pool for an hour of open swim. For ages 1-7. Choose one or come to both.

Upcoming Dates:

Saturday, October 27 and December 15:

Gym, 9:00-10:00 am.

Swim, 10:00-11:00 am.

Sunday, November 11:

Gym, 11:45-12:45 pm.

Swim, 1:00-2:00 pm.

Cost:

Members: \$10 per family* • Non-Members: \$15 per family*

Piano & Guitar Lessons

Classes are for children ages 5 & up.

Piano Lessons: 4:00-4:30 pm • Guitar Lessons: 4:30-5:00 pm

All music classes meet on Fridays!

Registration: October 6– October 24*

Classes October 26-November 16

**You must pre-register for all music classes!*

Karate Demonstration

The classes will go through a series of kicks, punches, sweeps, strikes, blocks and throws. Sensei Patrick Perfetti, a fifth degree black belt, has run the program since 1997. Shido-Kan karate has a children's class for ages 8-12 and an adult class for ages 13 & up.

Date: November 1

Time: 6:30 pm.

Sign-up for the class the day of the demonstration & receive a \$10 discount!

Upcoming Registration Dates:

Swim Lessons: October 13-October 29

The session runs October 29-December 8

Gymnastics: October 13-October 30

The session runs October 30-December 6

Basketball: October 13-November 3

The session runs November 3-December 15

YWCA of Cortland
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YWCA
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MISSION