



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# JUMP IN LEARN TO SWIM

## SWIMMING LESSONS

Ages 6 Months and Up  
7-week sessions

Classes held once a week  
Monday, Tuesday, Wednesday  
and Saturday options

### Costs:

**\$35 Members**  
**\$49 Community Members**

Classes vary by age and ability.  
View placement chart online at  
[www.cortlandymca.org](http://www.cortlandymca.org).

**SWIM FREE** offered for all  
Cortland County 7-Year Olds,  
until their 8th Birthday!

**Session 2**  
starts 3/19/18  
No Classes 4/23-4/28



Cortland County Family YMCA  
607.756.2893  
[www.cortlandymca.org](http://www.cortlandymca.org)



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# NINJA KIDS

CLIMB, JUMP, SWING  
IMPROVEMENTS  
IN BALANCE AND STRENGTH

## CORTLAND YMCA GYMNASTICS

@ the Sports Complex

SUNDAYS:  
April 8, 15, 22  
May 6

**\$30 —YMCA Members**  
**\$43 —Program Members**



Test and upgrade your  
athletic skills, America  
**Ninja Warrior style!**  
**607-758-8630**

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