

NOVEMBER 2023

High School Menu

LUNCH



School Information: McGraw Central School District is an equal opportunity provider and employer.



Second Choice
Various Cold Sandwiches
PB&J and Yogurt Meal available daily

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Soft Chicken Taco w/
Lettuce, Cheese & Salsa **1**
Seasoned corn
Refried Beans

Popcorn Chicken w/ Garlic
Bread Stick & Dipping **2**
Sauce
Sweet Potato Fries
Cut Green Beans
Fresh Fruits

Homemade Cheese Pizza **3**
Tossed Salad w/ Dressing
Steamed Broccoli
Fresh Fruit

Turkey and Cheese **6**
Croissant Melt
Potato Gems
Cucumber Salad
100% Juice Cup

Philly Cheese Steak **7**
Sandwich
Carrot Coins
French Fries

Chicken Patty **8**
BBQ Baked Beans
Baby Carrots w/ Dip
Fresh Fruit

Parent Teacher **9**
Conference Day
No School

Veterans Day **10**
No School

Pizza Crunchers w/
Marinara Sauce **13**
Tossed Salad w/ Dressing
Green Pepper Strips w/
Dip

Chicken Tenders w/ Roll &
Dipping Sauce **14**
Baked Beans
Steamed Carrots
Fresh Fruit

Hot Meatball Sub **15**
Tossed Salad w/ Dressing
Baby Carrots w/ Dip

French Toast Sticks w/
Sausage **16**
Hash Brown Patties
100% Fruit/Vegetable
Juice
Fresh Fruit

Turkey Dinner with Biscuit **17**
Mashed Potatoes
Corn
Applesauce Cup

Burger/ Cheeseburger on
a Whole Grain Bun **20**
Mashed Potatoes
Steamed Corn

Cheese Calzone **21**
Tossed Salad w/ Dressing
Seasoned Green Beans
Fresh Fruit

No School **22**
Thanksgiving Recess

No School **23**
Thanksgiving Recess

No School **24**
Thanksgiving Recess

BBQ Rib Sandwich **27**
Potato Gems
BBQ Baked Beans

Ham and Cheese Bagel **28**
Melt
Sweet Potato Wedges
100% Orange Medley
Vegetable Juice

Homemade Mac & Cheese **29**
Celery w/ Dip
Seasoned Green Beans

Rotini w/ Meat Sauce &
Bread Sticks **30**
Tossed Salad w/ Dressing
Baby Carrots w/ Dip