

# McGraw High School Menu

Menu Subject to Change

McGraw School District Is an Equal Opportunity Provider and Employer

# January 2023

## MONDAY

2 **Christmas Recess**

**No School**

9 Chicken Patty on WG Roll

Potato Gems  
BBQ Baked Beans

16 **Martin Luther King Day**

**No School**

23 Popcorn Chicken w/ Dinner Roll  
Tossed Salad w/ Dressing  
Celery w/Dip  
100% Juice Cup

30 French Toast w/ Turkey Sausage

Hash Brown Rounds  
100% Vegetable Fruit Juice

## TUESDAY

3 Hamburger or Cheeseburger on Roll

Cut Green Beans  
Sweet Potato Fries  
Fresh Fruit

10 Rotini w/ Meat Sauce & Texas Toast  
Tossed Salad w/ Dressing  
Seasoned Carrots  
Fresh Fruit

17 Hot Meatball Sub

Green Beans  
Baby Carrots w/ Dip  
Fresh Fruit

24 Chili Dog on WG Roll

Sweet Potato Fries  
Seasoned Corn  
Fresh Fruit

31 General Chicken w/ Brown Rice  
Steamed Broccoli  
Mixed Vegetables  
Fresh Fruit

## WEDNESDAY

4 Pizza Crunchers w/ Marinara Sauce

Green Beans  
100% Orange Juicy  
Vegetable Juice

11 Walking Beef Taco

Steamed Brown Rice  
Refried Beans  
Seasoned Corn

18 Garlic Parm Baked Chicken w/ Corn Muffin

Tossed Salad w/ Dressing  
Seasoned Green Beans

25 Hot Turkey & Gravy over Potatoes w/ Biscuit  
Seasoned Carrots  
Sweet Peas

## THURSDAY

5 Sloppy Joes Sandwich

BBQ Baked Beans  
French Fries  
Fresh Fruit

12 Pancakes w/ Turkey Sausage

Hash Brown Rounds  
100% Vegetable Fruit Juice  
Fresh Fruit

19 Buffalo Chicken Mac & Cheese Dinner Roll  
Seasoned Carrots  
Celery w/ Dip  
Fresh Fruit

26 Pizza Crunchers w/ Marinara Sauce  
Baby Carrots w/Dip  
100% Orange Juicy  
Vegetable Juice  
Fresh Fruit

## FRIDAY

6 Stuffed Crust Pizza

Tossed Salad w/ Dressing  
Steamed Broccoli  
Fresh Fruit

13 Pizza Dippers w/ Marinara Sauce

Tossed Salad w/ Dressing  
Steamed Broccoli  
Fresh Fruit

20 Stuffed Crust Pizza

Tossed Salad w/ Dressing  
Steamed Broccoli  
Fresh Fruit

27 French Bread Pizza

Tossed Salad w/ Dressing  
Steamed Broccoli  
Fresh Fruit

PB & J and Yogurt Meal Available daily

The food service department is looking for substitute food service workers. Please call the food service office for an application (607) 836 3619.

Visit our website to print and to view menus.  
[www.mcgrawschools.org](http://www.mcgrawschools.org)

### Available with All Lunches

Assorted Fruit Cups  
Milk Choice

What do you get when a chicken lays an egg on a barn?

An eggroll!